



# 2nd Annual 5K Run with the Knights

## 1-Mile Fun Run



To benefit the Francis Howell North Class of 2010 All Knighter (graduation night party)

**WHEN:** Sunday, April 11, 2010  
 8:00 am Registration  
 9:00 am Start-Road Race  
 10:00 am Start-1 mile Fun Run

**WHERE:** Francis Howell North Campus  
 2549 Hackmann Road  
 St. Charles, MO 63303

**WHO:** Maurine Rapert @636-447-7994 or [majerap@sbcglobal.net](mailto:majerap@sbcglobal.net)

ADVANCE REGISTRATION COST: 5K ROAD RACE \$15.00  
 1 MILE FUN RUN \$7.00  
 REGISTRATION ON DAY OF RACE: 5K ROAD RACE \$20.00  
 1 MILE FUN RUN \$9.00

Make Checks payable to: **FHN All Knighter**

**Mail to:** All Knighter 5K Run/Walk  
 2549 Hackmann Road  
 St. Charles, MO 63303

T-Shirts guaranteed for 5K run participants if advance registration is received by April 1, 2010.

5K awards for top 3 overall male/female AND for top 3 male/female winners in each age group. (13 and under, 14-19 yrs, 20-29 yrs, 30-39 yrs, 40-49 yrs, 50 and older) No duplication of awards.

Participation awards for the 1 mile Fun Run.

**Plaque to be awarded to the FHN Feeder School\* with the most paid participants**

*Early Childhood-Hackmann, Becky David, Harvest Ridge, Henderson, Barnwell or Hollenbeck*

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: M/F T-Shirt Size: S M L XL FH School \_\_\_\_\_  
 Event: 5K or 1 mile  
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 Event: 5K or 1 mile

Walk/Run Release: By signing this entry form, I for myself, my heirs assigns, executors and administrators, waive and release any and all right and claims for damages, actions, and causes of actions against 2010 All Knighter Committee and the Francis Howell School District or their representatives, successors and assigns, and any and all other sponsors, for any and all injuries suffered by me while participating in and traveling to said event. I also give permission for the free use of my name and/or picture in any broadcast, telecast, other account of the event and my physical competition in this event. I fully understand the event involves strenuous physical activity and I acknowledge that I am physically fit and sufficiently trained to participate in the event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent or guardian if under 18 years of age

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent or guardian if under 18 years of age

Committee Use Only: Amount Paid: \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_