

2008 FFRC Calendar (Rev dt 7/14/08)

Date	Time	Event
July 4	7:00am	Firecracker 5K & Tailgate @ Bank of Old Monroe in O'Fallon, MO
July 13	6:00pm	FFRC Meeting @ FLEET FEET Sports in St. Charles
July 30	6:00pm	Pre-Flat Five Party @ Frontier Park in St. Charles
August 3	7:00am	Flat Five Race @ Frontier Park in St. Charles
August 23	7:00pm	President's Pool Party
September 6	6:00pm	Runner's Clinic (chiropractor, nutritionist, paramedic, personal trainer etc.) @ St. Charles Police Department Meeting Room
September 14	6:45am	Lewis & Clark Marathon & Half Marathon @ Verizon Wireless Amphitheater
October 12	10:00am	Pedal & Pound /Club Picnic @ Babler State Park
November 9	6:00pm	FFRC Meeting/Elections/Fall Fashion Show @ FLEET FEET Sports in St. Charles
November 15	9:00am	McNair Cross Country Classic @ McNair Park
December 6	7:00pm	Christmas Party @ St. Charles Coffee House is St. Peter's

2009 FFRC Calendar (Dates are subject to change).

Date	Time	Event
January 1	10:00 AM	New Year's Day Run @ Lost Valley
January 11	6:00 PM	FFRC Meeting & Chili Supper @ St. Charles Police Department Meeting Room
February 21	6:00 PM	Movie Night @ TBD
March 14	9:00 AM	St. Patrick's Day Run & Tailgate @ Anthem BC/BS Parking Lot in St. Louis
April 12	6:00 PM	FFRC Meeting & Spring Fashion Show @ FLEET FEET Sports in St. Peters
May 23	7:00 AM	Pancake Run @ Lost Valley
June 14	7:00 PM	Ice Cream Run & Social @ Fritz's in St. Peters
July 4	7:00 AM	Firecracker 5K & Tailgate @ Bank of Old Monroe in O'Fallon, MO
July 12	6:00 PM	FFRC Meeting @ FLEET FEET Sports in St. Charles
July 30	TBA	Pre-Flat Five Party @ Frontier Park in St. Charles
August 2	7:00 AM	Flat Five Race @ Frontier Park in St. Charles
August 22	7:00 PM	President's Pool Party
September 5	6:00 PM	Runner's Clinic @ St. Charles Police Department Meeting Room
September 13	6:45 AM	Lewis & Clark Marathon & Half Marathon @ Verizon Wireless Amphitheater
October 10	10:00 AM	Pedal & Pound / Club Picnic @ Babler State Park
November 8	6:00 PM	FFRC Meeting/Elections/Fall Fashion Show @ FLEET FEET Sports in St. Charles
November 21	9:00 AM	McNair Cross Country Classic @ McNair Park
December 5	7:00 PM	Christmas Party @ St. Charles Coffee House in St. Peter's